



June 30, 2017

Tribute to Peter Javscas

Dear Readers,

Like so many others, I was deeply shocked and saddened by the news of Peter Javscas' tragic death. Peter was such a strong advocate for aging in place, and as one of the founders of the Northwest Village Network, a great ally to My Way in the mission of both organizations to make life easier for older adults.

I did not have the opportunity to know Peter very well outside of our work together in the NW Philadelphia aging services community, but I did learn a little bit about him by sitting next to or across from him at many meetings through the years. I knew Peter to be a kind, caring person, with a big heart and a great self-deprecating sense of humor. I often thought that Peter was the kind of person I'd like to be when I "grow up", and I will always remember him that way and strive to carry on his spirit in my own way.

My heart goes out to Peter's family and everyone else he leaves behind. Please know that the My Way staff and I are grateful for everything he did, and that you are in our thoughts and prayers.

Best regards,

Eric Wilden
Executive Director
Ralston My Way

Greetings Ralston My Way Members!

As you know, Ralston My Way offers a wide variety of services which include someone to pick you up and take you where you want to go? We can help you get ready – from bathing and dressing to packing for a trip.

If you want some companionship, help with preparing a meal or picnic for yourself or friends (we even do the dishes!), get the house or yard ready for guests, call us today. We can also help you clean up your yard and patio or porch furniture, mow your lawn and keep your garden looking tip top. Other jobs? Ask us!

We are always happy to hear from you.

Community Events

Museum Day at Philadelphia Museum of Art

**Pay What You Wish*



What does Pay What You Wish mean? You may pay whatever you wish for admission... even a penny!

Philadelphia Museum of Art, with its world-renowned collection, is a place that welcomes everyone.

They bring the arts to life, inspiring visitors-through scholarly study and creative play-to discover the spirit of imagination that lies in everyone. They connect people with the arts in rich and varied ways, making the experience of the Museum surprising, lively, and always memorable. The Philadelphia Museum of Art is committed to inviting visitors to see the world-and themselves-anew through the beauty and expressive power of the arts.

Date

July 02, 2017

Time

10:00 am - 5:00 pm

Location

Philadelphia Museum of Art
2027 Fairmount Ave
Philadelphia, PA 19130

Free Museum Day at National Liberty Museum

Located in the heart of historic Philadelphia, the National Liberty Museum is dedicated to preserving America's heritage of freedom by encouraging people to find their own place in the story of liberty. Visitors to the National Liberty Museum can enjoy an inspiring and entertaining experience, as they interact with incredible stories of heroes and a collection of contemporary art.



Date

July 03, 2017

Time

10:00 am - 6:00 pm

Location

National Liberty Museum
321 Chestnut St
Philadelphia, PA 19106

Mindfulness Group Practice in Chestnut Hill



Join a group to practice mindfulness meditation in a supportive, group environment and to experience the benefits of group practice. Session will include guided practice, specific topics for discussion and personal exploration and experimentation with bringing mindfulness into unique life circumstances.

Date

July 23, 2017

Time

Location

Healing Arts Studio
15 W. Highland Avenue, 2nd floor

6:30 pm - 8:00 pm

Philadelphia, PA 19118

Click [here](#) to register

Ralston My Way | 215-525-5470 | info@ralstonmyway.org
| <http://www.ralstonmyway.org>
7051 Germantown Avenue
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Text | [Optional Link](#)

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