Hi Everyone:

As we move into fall, you will start thinking about what kind of help you need around the house. Will you need your air conditioner removed? Leaves raked? Patio furniture cleaned and brought inside? Ralston My Way can help.

We also provide transportation to and from appointments, events, visits, errands and more. Going on a trip? We can help you get ready to go.

Call us now to schedule work and get your first choice of dates.

Regards,

Eric Wilden
Executive Director
Ralston My Way

Calling All Parkinson’s Caregivers...

Join the 8 week caregiver phone series by SOWN (Supportive Older Women’s Network):

- Share caregiving advice
- Learn tips
- Meet other caregivers like you
- Participate easily by phone (no need to leave your home)
- Whatever is discussed over the phone is confidential

For more information, www.sown.org or contact Patty Davis at 215-487-3000 Ext: 25 or pattydavis@sown.org

Community Events

Grandparents Day At Morris Arboretum

On National Grandparents Day, kids who bring a grandparent to the Arboretum will receive $4 off admission, making youth admission $5. Grandparents & their grandchildren may take part in garden activity stations designed for multi-generational fun.

Sunday, September 10, All Day and Activity Stations from 11:00 am - 1:00 pm
Just as grandparents are the founding treasures of their family, the buildings, trees, and sculpture highlighted on the "Founding Treasures" map are the Arboretum's iconic riches. Follow this map around the garden with your loved ones.

For more information visit www.chestnuthillpa.com

Fall for the Arts Festival 2017

Each year Chestnut Hill welcomes Autumn with The Chestnut Hill Fall for the Arts Festival. Everyone is invited to enjoy a day of art, music, culinary delights and boutique shopping as Germantown Avenue, between Willow Grove and Rex Avenues is transformed into an outdoor arts and crafts marketplace.

Sunday September 24, 2017 (raindate October 1) from 11:00 am - 5:00 pm

Germantown Avenue will be closed to all vehicular traffic as fine arts and crafts, live entertainment on two stages, exhibits, and children's rides and activities, take place up and down the street between the 8000 and 8600 blocks of Germantown Avenue. Visitors can stroll the Avenue to view and purchase fine arts and crafts, enjoy live music or dine al fresco. Children can create their own works of art in sand or wood or choose a favorite ride in a special amusement park. Admission to the festival is free.

For more information visit www.chestnuthillpa.com

Ralston My Way | 215-525-5470 | info@ralstonmyway.org
| http://www.ralstonmyway.org
7051 Germantown Avenue
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Text | Optional Link

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