



May 14, 2015

Cinco de My Way -- We did it your way!

We were happy to welcome 125+ members, friends, supporters and employees on May 5, 2015 at the Oxford Presbyterian Church to celebrate Ralston My Way's 5th Anniversary.

George Herold, Ralston My Way's first member, attended and was recognized for having faith in us and our plan. The colorful decor was enhanced with flowers made by Barbara Kroberger, Ralston My Way's Social Worker. Andria Hale of the Ralston My Way staff and her artistic friend, Allison Watman demonstrated their juggling skills. The event was catered by Little Jimmy's Bakery Cafe.

The amazing Dr. Ijoy wrote the My Way song and enthusiastically led our Community Engagement Committee and the audience in singing it -- twice (see photo).

Door prizes were provided by Weaver's Way Cooperative Market, Cresheim Valley Grain Exchange, Little Jimmy's Bakery Cafe, Trolley Car Diner and the Chestnut Grill. Thank you for your generosity and for being part of our event.

Our sincere gratitude goes to Rev. Ethelyn Taylor and the staff of Oxford Presbyterian Church as this event would not have been possible without their effort, patience, hard work and support.

Special thanks to Councilwoman Cindy Bass, her staff and the rest of Council of the City of Philadelphia for proclaiming May Older Americans Month in Philadelphia and for declaring Tuesday, May 5, 2015 Cinco de My Way.



We are happy to be part of the community and look forward to celebrating more anniversaries with you in the future.

Eric Wilden
Executive Director

Things to know, things to do

Adapting Your Home for Successful Aging: An Architect's Advice

Monday, May 18, 2015, 7:00-8:30 P.M.

Chestnut Hill Branch Library, 8711 Germantown Avenue
Sponsored by the Northwest Village Network

Are you wondering if you should use an architect to make changes to your home that will help you live comfortably and safely? Join members of the Northwest Village Network for a conversation with Elie-Antoine Atallah, founder of Metropolitan Studio Design as he guides us through some design planning issues. If you are new to Northwest Village Network, come at 6:30 P.M. for light refreshments and get to know us.

For more information visit www.northwestvillagenetwork.org or call 215-247-0457

Discussion Group on Atul Gawande's book *Being Mortal*

Thursday, May 21, 2015, 7:00-8:30 P.M.

Weavers Way Community Room 555 Carpenter Lane, Philadelphia, PA 19119
Sponsored by Weavers Way, Ralston My Way and Northwest Village Network

Join us for a discussion of ***Being Mortal***. *The stories contained in this book are true and powerful.* Gawande asks, "What can we do for our loved ones and for ourselves right now to ensure true quality of life as we age?" Together we can explore how we might respond to Gawande's ideas both as individuals and as whole communities.

Whether or not you have read this book, you are welcome to join us for conversation and refreshments.

For more information, <http://www.weaversway.coop/event/discussion-group-atul-gawandes-being-mortal> 215-843-2350 X 118

Chestnut Hill Pharmacy offering 5% off to Ralston My Way Members

Thanks to the Chestnut Hill Pharmacy at 8030 Germantown Avenue for supporting us by offering you a 5% discount just by saying you are a Ralston My Way Member.

Need help planting, mulching, mowing or with yard and garden cleanup?

CALL RALSTON MY WAY AT 215-525-5470.

We will use your equipment or, for a small fee, bring our own.

Perhaps your porch or patio furniture was inside for the winter. We will bring it out, clean it and set it up so it is ready for you to use and enjoy the nice weather.

Other jobs? Please call and ask us. We are happy to work with you.

Ralston My Way | 215-525-5470 | information@mywayonline.org |

<http://www.mywayonline.org>

7051 Germantown Avenue

Philadelphia, PA 19119

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