



June 1, 2017

Ralston My Way Caregiver honored with an Award

All of the My Way staff are thrilled to be able to honor Wanda Whittington with Ralston's Caregiver Award. Wanda is one of those caregivers who constantly goes above and beyond the call of duty in taking on responsibility for our members, and whose compassion for people and passion for the work shines through every day. Wanda's caring and understanding relationships with members make her an example for the rest of the already excellent My Way team to follow, and her communication with the rest of our staff makes her easy to work with. Always reliable, always hard-working, always providing the best care, and even willing to fill in the My Way office when someone is out, Wanda was the clear choice for this year's award!

Best personal regards,

Eric Wilden
Executive Director
Ralston My Way

Ralston Center Awards Program Recognized Certified Nursing Assistants and Graduate Student Nurses

Philadelphia, PA - May 16, 2017 The achievements of seven Certified Nursing Assistants (CNAs) and six graduate student nurses who exemplify the highest standards of compassion, commitment and care for their elderly patients were recognized and celebrated at Ralston Center.



Ralston Center honored its mission during Older Americans Month by recognizing the development and hard work of those who care for people as they age in different settings.

Each awardee received a certificate, a cash award and a citation from the City Council of Philadelphia recognizing their accomplishments. The honorees were joined at this event by friends, family, those who nominated them and Ralston Center Board Members and staff.

The award winners are:

Adepbimpe Akinsefunmi, CNA, St. Ignatius Nursing and Rehabilitation Center
 DeAnna Andaloro, Graduate Nursing Student, Temple University
 Linda Baldwin, CNA, Penn Center for Rehabilitation and Care
 Allison Marie Caggiano, Graduate Nursing Student, Villanova University
 Celeste A. Gee, CNA, Saunders House
 Jessica Geminder, Graduate Nursing Student, University of Pennsylvania
 Vance Hollman, CNA, Holy Family House
 Nikita Martine, CNA, Simpson House
 Betty Mininger, Graduate Nursing Student, LaSalle University
 Ylenia Quiaoit, Graduate Nursing Student, Thomas Jefferson University
 Erin Shepard, Graduate Nursing Student, Drexel University
 Robert Walker, CNA, Centennial Healthcare and Rehabilitation Center
 Wanda Whittington, CNA, Ralston My Way



The awards were presented by Neville Strumpf, PhD, FAAN, President, Ralston Center Board of Managers, Joseph A. Lukach, MSW, MBA, M Div, Chief Executive Officer, Ralston Center, Sharon Turner, RN, Member, Ralston Center Board of Managers and Elizabeth K. Keech, PhD, Member, Ralston Center Board of Managers

For more information about Ralston Center, go to www.ralstoncenter.org.

Reminder: Salus University's Occupational Therapy Program Partners with Ralston My Way to Offer Their Members Free Home Safety Screenings

Salus University's Occupational Therapy Program will be offering FREE home safety screenings, under the supervision of a Certified Living in Place Professional, to Ralston My Way Members which will include:

- Falls Risk Screenings
- Home Safety Assessment
- Activities of Daily Living Screenings
- Suggestions for Increasing Home Accessibility
- Community Mobility Screening
- Connection to Community Resources



The program started in April and will continue through the end of June. Each participant will receive two in home visits lasting approximately 1-2 hours each. Caregivers and spouses are welcome to attend the screening visits.

For more information or to schedule your **FREE** screening please call 215-525-5470.

World Elder Abuse Awareness Day Event

The Philadelphia Financial Exploitation Prevention Task Force Presents
World Elder Abuse Awareness Day
 Safe Banking & Financial Management Tips for Seniors

Wednesday, June 14, 2017
9:00 AM - 11:00 AM

Registration begins at 8:30 AM

Ralston Center
3615 Chestnut Street
Philadelphia, PA 19104

Join us for this free educational forum and learn from a panel of experts, including Councilman Derek S. Green, on how to keep your money and assets safe, make good financial decisions as you age, and identify and access available resources. Continental breakfast provided!

Community Events

3RD ANNUAL LIFE PLANNING CLINIC - *Legal Assistance*

The Barrister's Association of Philadelphia and SeniorLAW Center join together to present the 3rd Annual Life Planning Clinic.

The 2017 clinic will be held on **Saturday, June 10, 2017**, at the Center in the Park, **9:00 AM - 12:00 PM**



Volunteer attorneys will provide Wills, Healthcare and Durable Powers of Attorney and Living Wills for low-income older adults. Throughout the day, volunteer attorneys will present valuable information about rights important to older adults. Advance registration is required.

Please register by calling the Center's Program Office at 215-848-7722, ext. 225 or by email at info@centerinthepark.org

ART OF THE MIND



Join PMC's Felicia Greenfield and Patricia Moss-Vreeland for a free, one-time workshop sponsored by Penn Memory Center.

Guests will receive a guided tour of the exhibition and will be able to learn to become creators through the lens of memory.

Time/Date: 5:30 p.m. to 7:30 p.m., June 20, 2017

Place: Perelman Center for Advanced Medicine, Second Floor, South Pavilion

RSVP: Felicia Greenfield at 215-662-4523 or felicia.greenfield@uphs.upenn.edu
Light refreshments will be provided.

BALANCING DOLLARS AND \$EN\$E

A day-long series of free workshops and a community resource fair designed to provide individuals age 55+, with information on housing finances in later life.



Location: Center in the Park
5818 Germantown Avenue
Philadelphia, PA 19144

When: Friday, June 23, 2017
8:30 AM - 4:00 PM

For more information contact the Program Office at (215) 848-7722 ext. 225

Ralston My Way | 215-525-5470 | info@ralstonmyway.org
| <http://www.ralstonmyway.org>
7051 Germantown Avenue
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