



November 23, 2016

Thanksgiving Greetings!

Dear Friends:

Ralston My Way is all about you, our members, and the people we hire to serve you.

As I think about what I am grateful for on Thanksgiving, I will include all of you.

Enjoy the holiday!

Best regards,

Eric Wilden
Executive Director
Ralston My Way

Low Income Home Energy Assistance Program (LIHEAP).



LIHEAP is now open for the 2016-2017 season and accepts applications through March 31, 2017. Most low-income seniors and anyone receiving public assistance, such as housing, Supplemental Security Income (SSI) or Supplemental Nutrition Assistance Program (SNAP), will qualify for utility assistance from the LIHEAP Program.

In addition to the LIHEAP cash program, households experiencing a heating emergency may be eligible for additional benefits through the LIHEAP Crisis program.

For information or to apply for LIHEAP: call 1-866-857-7095 (TDD 1-800-451-5886) or 215-560-1583; visit www.compass.state.pa.us; or apply in person at 1348 W. Sedgley Ave. in Philadelphia.

Community Events

Northwest Village Network

Senator Art Haywood the minority chair of the Senate Committee on aging and youth will speak about his priorities for seniors, changes in State funding and their effects on delivery of services.

When: Monday, **November 28**,
7:00 pm - 8:45 pm

Where: Free Library of Philadelphia
Chestnut Hill Branch,
8711 Germantown Avenue



Medicare Update

Northwest Village Network also presents a Medicare update presentation by a representative from the Mayor's Office on Aging with audience questions to follow. Find out about Medicare's "observation period."

Tuesday, **November 29**, 10:00 am - 12 pm

@ Chestnut Hill Library, 8711 Germantown Ave. Philadelphia, PA 19118

Admission to the Program is free.

For more information visit www.northwestvillagenetwork.org

Memory Café

Chestnut Hill Hospital sponsors Memory Café . A Memory Café is a European innovation that provides a safe, comfortable and supportive environment for people with memory problems, including dementia, and their caregivers to socialize as well as offering a range of fun and engaging activities.



This month they'll be interacting with friendly pets from Comfort Caring Canines, a local pet therapy program. They welcome caregivers by themselves or with the person for whom they care for, and anyone who would like to contribute to an atmosphere of acceptance.

Please RSVP to Leslie Lefer at 215-247-4654. Walk-ins are welcome.

Tuesday, **November 29** from 1:30 pm - 3:00 pm. The event is Free.

@ The Presbyterian Church of Chestnut Hill 8855 Germantown Avenue
Philadelphia, PA 19118

Ralston My Way | 215-525-5470 | info@ralstonmyway.org
| <http://www.ralstonmyway.org>
7051 Germantown Avenue
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Text | [Optional Link](#)